




# Whip It Up Wednesday

## TORTILLA FRUIT PIZZA



### Ingredients:

- 1/2 cup assorted fruit, sliced (apples, bananas, oranges, pineapple, strawberries, etc.)
- 1 flour tortilla, white or whole wheat
- 1/4 cup whipped topping, light or low fat
- cinnamon & sugar mixture, sprinkled on top, to taste (optional)

### Directions:

1. Wash hands with soap and water.
2. Gently rub fruit under cool running water.
3. Cut up fruit into bite-sized pieces.
4. Place on a plate or flat surface.
5. Spread whipped topping evenly onto tortilla.
6. Arrange fruit on topping.
7. Sprinkle with cinnamon and sugar, if desired.
8. To Serve: Slice the pizza into pie shaped slices or roll or fold in half to eat like a taco.