

# Whip It Up Wednesday

## BANANA BERRY SOFT SERVE



### Ingredients:

- 1 medium banana, sliced and frozen
- 3 strawberries, stems and leaves removed, washed, sliced, and frozen
- 1/8 cup milk, optional (see instructions and notes)

### Directions:

1. Wash hands with soap and water.
2. Add banana and strawberries to food processor or strong blender. Pulse for about 1-2 minutes or until mixture becomes smooth and creamy in texture. Add up to 1/8 cup milk if needed to achieve desired texture.
3. Freeze for 1 hour for thicker consistency or eat immediately for soft serve consistency.