

# WHIP IT UP WEDNESDAY

## NO-BAKE PUMPKIN PIE

A MUST FOR THANKSGIVING

### INGREDIENTS

- 1 small box instant vanilla pudding
- 1 cup low-fat or nonfat milk
- 1 can (14-15 ounces) pumpkin puree
- 1/3 cup sugar
- 1 1/2 teaspoon pumpkin pie spice
- 1 prepared graham cracker pie crust

### PREPARATION

1. Wash hands with soap and water.
2. Mix instant pudding with milk in a large bowl.
3. Stir until pudding is set.
4. Stir pumpkin, sugar, and pumpkin pie spice until well blended.
5. Pour into graham cracker pie crust.
6. Refrigerate until time to serve.



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