

EXTENSION HAPPENINGS

VANCE COUNTY CENTER



COOPERATIVE
EXTENSION



N.C. A&T
STATE UNIVERSITY

NC STATE
UNIVERSITY



Bringing “Extension Happenings” To You

NC State Cooperative Extension is a strategic partnership between NC State University, NC A&T University, and 101 local governments statewide. Our mission is to deliver research-based knowledge and expertise to individuals, families, farmers, and businesses, helping them to make informed decisions to improve the lives, land and economy of our state.

To keep you informed and connected with our efforts, we are delighted to share with you our November edition featuring insightful articles from our agents and staff, covering topics in their respective fields and providing updates on the impactful work happening at the Vance County NC State Cooperative Extension.

We also use our Facebook page to communicate information about current events and workshops, and information. We are dedicated to the goal of keeping Vance County citizens informed and up to date on the latest HAPPENINGS that may impact day-to-day decision making for home and work.

We encourage you to discover and participate in all that we offer at Vance County Cooperative Extension. If you have areas of interest with Agriculture and Natural Resources, 4-H, Family and Consumer Sciences (FCS), Expanded Food and Nutrition Program (EFNEP), or our Parenting Program, or are curious about knowing more, please feel free to give us a call or send us an email. We hope that you will explore our website, connect with us through Facebook, give us a call or stop by for a visit.

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NORTH CAROLINA AGRICULTURAL AND TECHNICAL STATE UNIVERSITY



ECA...Extension Community Association

BY WAYNE ROWLAND

FIELD TRIP TIME!

On Wednesday, October 18th, Wayne Rowland hosted the (ECA) Extension Association ladies as they started their day boarding a 15 passenger van for a field trip to the International Civil Rights Museum, Greensboro, NC, a place that was built around a memorable Civil Rights Movement site: the Woolworth department store lunch counter where four black men conducted a sit-in to protest the counter building off limits to Black customers. The museum covered the stages of the sit-in (origins, growth, counter protests, municipality and business response, when and how it ended) etc. Next on the agenda after lunch was a trip to A&T State University's Extension & Research Farm. The 492-acre farm features active livestock and horticultural production. The farm raises crops and livestock, including dairy and beef cattle, poultry, swine, horses, meat goats and sheep. The farm is used for research and education.



ECA...Extension Community Association Cont.



The ECA is an adult volunteer organization closely affiliated with N.C. Cooperative Extension. By being a member of the ECA, you are able to become part of a dynamic volunteer organization that promotes personal growth and development and seeks to enhance the quality of life for others in the local community.

Programs, activities and community events of the local Extension & Community Association are governed by the Vance County ECA County Council the second Tuesday at 4:00 p.m. at the Vance County Extension office.

If you would be interested in becoming a member or would like more information about the Extension Community Association, please contact Lois Williams at lois.williams42@gmail.com

NC Extension and Community Association State Conference

BY DR. WYKIA MACON

Dr. Wykia Macon along with two members from the Vance County ECA attended the 2023 Extension and Community Association Conference in Kill Devil Hills, NC October 23-25. Updates from the ECA state charity - NC Boys and Girls Home of Lake Waccamaw, a traditional cultural arts show and some small workshops were included in the event.

We are pleased to announce our own Priscilla Johnson was awarded the ECA Volunteer of the Year award.





Handcrafted Holiday Market

It's that time of season again! The Handcrafted Holiday Market is knocking on the door of The Vance County Regional Farmers Market. Mark your calendars for Saturday, November 18th. Doors will open at 8 a.m. and closing time will be at 2 p.m. We look forward to seeing you and thank you for supporting your local farmer's market. If you have any questions, please stop by and chat with our Market Manager, Pat Ayscue.



Grant Opportunity for Family Farms

BY PAUL MCKENZIE

Area farmers are encouraged to review a funding opportunity through the NC AgVentures grant program. This is a competitive grant with an application deadline of December 15th. The NC AgVentures will grant awards up to \$8,000. However, the application must be reviewed by your local Cooperative Extension Agent prior to submission, so be sure to connect with us by December 8th at the very latest. For more information, visit <http://agventures.ces.ncsu.edu>.



NC AgVentures

Grant Opportunity For Family Farms

NC AgVentures Farm Grant Program provides grant awards to NC family farms for new and innovative agricultural projects which will increase farm profits.

**The program will award a minimum of 50 grants
The maximum award is \$8000**

Producers from the following counties are eligible to apply
Alamance, Alexander, Alleghany, Anson, Ashe, Cabarrus, Caswell, Catawba, Chatham, Davidson, Davie, Durham, Edgecombe, Franklin, Forsyth, Gaston, Granville, Greene, Guilford, Halifax, Harnett, Iredell, Johnston, Lincoln, Martin, Mecklenburg, Nash, Northampton, Orange, Person, Pitt, Randolph, Rockingham, Rowan, Sampson, Stanly, Stokes, Surry, Union, Vance, Wake, Wayne, Wilson, Wilkes, Warren, Yadkin

Deadline to apply is 6:00 PM December 15th, 2023
For more information please visit: www.ncagventures.org
Or contact your Extension Agent

The program is funded by the NC Tobacco Trust Fund Commission

NC STATE EXTENSION

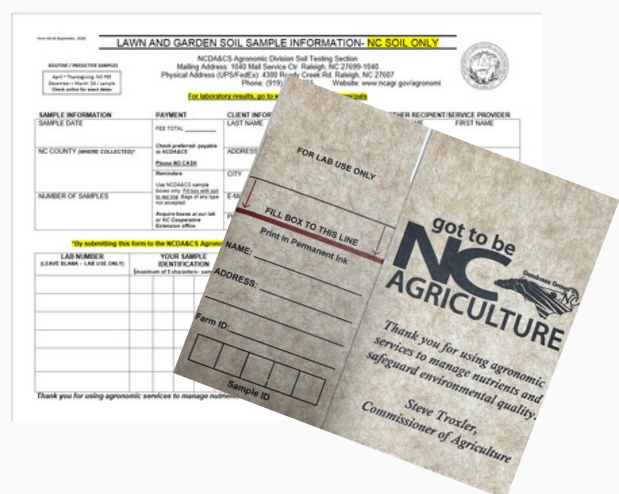


Notes From Our Horticulture Agent

BY PAUL MCKENZIE

Cooperative Extension is currently working with the Economic Development Commission to update and expand the Vance County presence on the Visit NC Farms app. The app helps users from far and wide find farmers markets, local farm products, farm to table restaurants, farm stays and more.

On the lawn and garden front, Cooperative Extension's outreach efforts for the busy fall season were focused on soil sampling, tall fescue lawn care, fall crops and planting trees and shrubs. We disseminate information on sound garden and landscape management practices through a variety of channels including weekly radio programs, Master Gardener outreach at the Farmers Market and our public display garden.



LAWN AND GARDEN SOIL SAMPLE INFORMATION- NC SOIL ONLY

NCDA&CS Agronomic Division Soil Testing Section
Mailing Address: 1550 Mail Service Ctr. Raleigh, NC 27699-1540
Physical Address (GPS/Map): 4300 Branch Creek Rd. Raleigh, NC 27607
Phone: (919) 751-1111 Website: www.ncagr.gov/agdiv

Get laboratory results, go to www.ncagr.gov/agdiv

SAMPLE INFORMATION		PAYMENT		CLIENT INFORMATION		OTHER RECIPIENT/SERVICE PROVIDER	
SAMPLE DATE:		FEE TOTAL:		LAST NAME:		FIRST NAME:	
NC COUNTY (WHERE COLLECTED):		Check preferred payment method:		ADDRESS:			
NUMBER OF SAMPLES:		Please RE-CASE:		CITY:			
LAB NUMBER (LEAVE BLANK - LAB USE ONLY):		YOUR SAMPLE IDENTIFICATION (if transferring soil):		NAME:		ADDRESS:	
				Farm ID:			
				Sample ID:			

FOR LAB USE ONLY

FILL BOX TO THIS LINE

Print in Permanent Ink

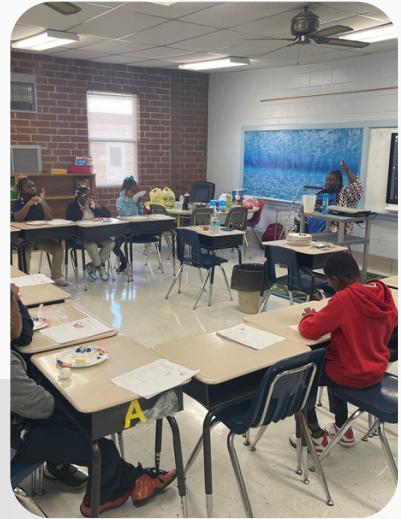
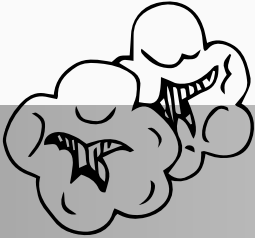
got to be NC AGRICULTURE

Thank you for using agronomic services to manage nutrients and safeguard environmental quality.

Sue Troxler, Commissioner of Agriculture

Expanded Food & Nutrition Education (EFNEP)

BY NITASHA KEARNEY

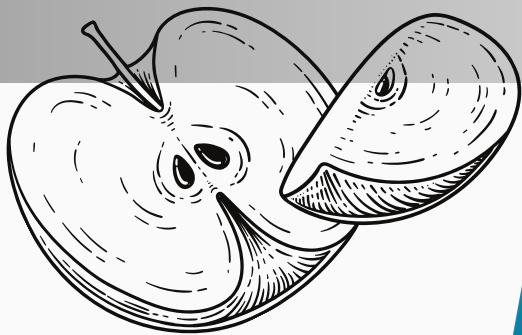


The Expanded Food & Nutrition Education Program has been busy teaching the students at Pinkston Street Elementary school proper knife skills. Students in all grades learned how to use their "claw" to slice apples while preparing Apple Slice pancakes during the fall season.

Boy Scouts of America at Cotton Memorial Presbyterian Church were introduced to EFNEP and taught how to make Popcorn Treats. Now they have a healthy snack recipe when camping out.

EFNEP & Vance County Cooperative Extension Family Consumer Science Agent continue the partnership to train Dinah Gore challenge participants ages 8-17 health benefits, nutrients and presentation skills based upon MyPlate categories and USDA approved recipes.

If you would like to participate in this exciting and magical experience, contact me Nitasha Kearney at (252) 438-8188!



Vance County 4-H



Vance Extension Welcomes New 4-H Agent

BY DR. WYKIA MACON

Micah Sharpe joined Vance County Cooperative Extension on November 13th. He's originally from Decatur, Ga and currently resides in Kittrell, NC. Micah holds a bachelor's degree in criminal justice, which he obtained from Saint Augustine University.

His professional background consists of work in the education and student development areas. Sharpe's professional experience is inclusive of, but not limited to youth director, 4-H counselor, community mentor, and teacher. In his role as the new 4-H Agent he will continue to foster relationships, strengthen programming, and create development opportunities for the youth of Vance County.

In his free time Micah enjoys spending time with family, bowling, traveling, and volunteering in the community.

We are pleased to have Micah's diverse background in our office and look forward to putting his experience to work as Vance County's 4-H and youth development educator. He will be a great asset to N.C. Cooperative Extension, Vance County Center. Stop in and welcome him to our office. You can also reach him at mosharpe@ncsu.edu or by calling 252-438-8188.



The Incredible Years Program

BY JAMON GLOVER



The Incredible Years program is in our fifth week of fifteen sessions and we are having loads of fun with our parents. Currently, we are discussing the wondrous effects child-directed play has on children. We role-play scenarios and answer very specific questions during our time together.

One of the discussion points centered around what to do when your child has trouble disengaging from play.

The general rule is to establish expectations and routines that they can rely on. For example; before you start playing, inform them that playtime has a specific time limit. If you want to use the timer on your phone or a regular kitchen timer, you want to let them know that when your timer goes off it will be time to start cleaning up so they can move to the next thing.

Once the timer goes off they will recognize that it's time to stop and clean up (they will ignore this the first time). It may take a few sessions, but eventually, they will understand and won't have to be told what to do when the timer goes off. To have parenting success is easy if you understand how to set expectations and boundaries.

If you are or you know of any parent with children between the ages of 2-5yrs, let us be of service. (252) 438-8188 ask for Jamon Glover or June Smith



2023 GRASSROOTS LEADERSHIP CONFERENCE

Tuesday, October 17, 2023
Program: 8:30 a.m. – 3:30 p.m.

Harris Conference Center
3216 CPCC Harris Campus Dr.
Charlotte, NC 28208

For more information, call Renee Campbell or Michelle Eley at 336.334.7956.

REAL PEOPLE – REAL ISSUES – REAL STRATEGIES FREE PUBLIC WORKSHOP

Promoting Economic Well-Being through Grassroots Innovation

Register online by Oct. 2
<http://bit.ly/grass23>

Sponsored by: The Cooperative Extension Program, North Carolina A&T State University in partnership with the Strategic Planning Council and Mecklenburg Government. North Carolina A&T State University is an equal opportunity provider. Accommodation requests related to a disability or English proficiency should be made by October 2. Michelle Eley at 336.334.7956 or mley@ncat.edu. This work is supported by Section 1444 Extension Programs for 1890 Land-Grant Colleges from the National Institute of Food and Agriculture.

Local Farmers Attend 2023 Grassroots Leadership Conference

BY WAYNE ROWLAND

On October 17th, Agricultural & Natural Resources Technician attended the 2023 NC A&T Grassroots Leadership Conference in Charlotte, NC at the Harris Conference Center with local farmers from Vance County. The conference theme this year was Promoting Economic Well-Being Through Grassroots Innovation and focused on economic empowerment and innovation at the county level and what community members could do to find solutions that address local needs and challenges.

The Grassroots conference brings together elected and civic leaders, volunteers, Extension professionals, farmers and business owners to discuss and learn community development ideas that can benefit each community across North Carolina.

The GLC also featured a vendor exposition and networking lunch.



CONGRATULATIONS

to Nitasha Kearney on receiving the Ila McIlwean White Family and Consumer Science Program Endowment Award and the Outstanding Performance Award in recognition of outstanding performance in EFNEP!

THE VANCE AND WARREN COUNTIES BEEKEEPERS ASSOCIATION

BY WAYNE ROWLAND

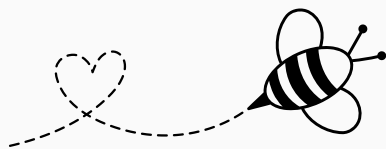


Wayne Rowland is a member the Vance and Warren Counties Beekeepers Association that meet on the 2nd Monday of each month at 7:00 PM at the Vance County Regional Farmers Market.

A detailed proposal was submitted for a club apiary at the Farmers Market. Note: An apiary is a location where beehives of honey bees are kept. Apiaries come in many sizes and can be rural or urban depending on the honey production operation. Furthermore, an apiary may refer to a hobbyist's hives or those used for commercial or educational usage. Thomas Hanna will be heading up this project.

Plans are still in the making for a winter bee school with the cooperation of the Granville County Beekeepers.

Whether you have a hive or just interested in bees, please feel free to stop in and join them at their next meeting.



Thanksgiving is this month; this is a time to reflect on the blessings in our lives. Enjoy the time with your family and friends, and know that the Extension office wishes you a very Happy Thanksgiving!

Office Calendar

NOVEMBER 23, 24
OFFICE CLOSED/THANKSGIVING

DECEMBER 6
FARM CITY BANQUET

DECEMBER 15
NC AGVENTURERS GRANT FORM DUE

DECEMBER 25, 26, 27
OFFICE CLOSED/CHRISTMAS

